



Your care. Your way. Access your Teladoc Health benefits anytime.



Scan the code to activate your benefits

General Medical free/visit

Talk to a board-certified doctor or pediatrician 24/7 for non-emergency conditions.

Prescription refills • sinus infections • allergies • stomach bug • COVID-19 advice • and more

Dermatology free/online review

Upload images and details of your skin issue in the Teladoc Health app. A dermatologist will review them and provide a treatment plan within 24 hours. Follow up via in-app messaging for 7 days after your results.

Eczema • psoriasis • poison ivy • rashes • rosacea • and more

Nutrition free/visit

Talk to a registered dietitian to achieve your healthiest self.

Weight management \bullet diabetes \bullet digestive issues \bullet custom meal plans \bullet food allergies \bullet and more



Set up your account or log in to get started today

Visit Teladoc.com
Call 1-800-TELADOC (835-2362) | Download the app **₲** | ♠

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