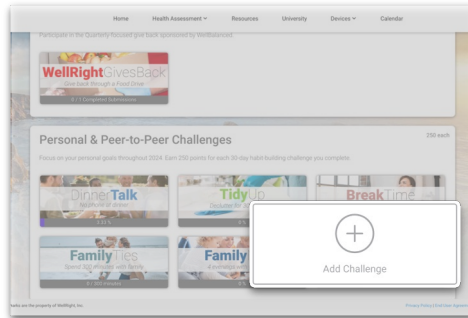


PEER TO PEER CHALLENGES

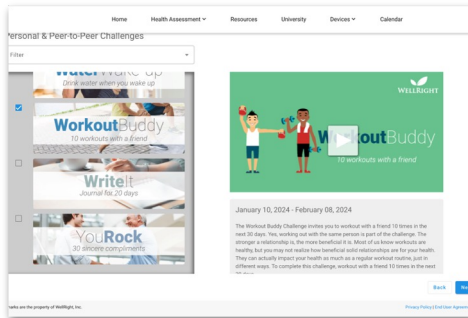
Peer to Peer Challenges can be an excellent way to stay on top of your goals by inviting others to participate with you in personal challenges and act as accountability partners.



1

ADD A PERSONAL CHALLENGE

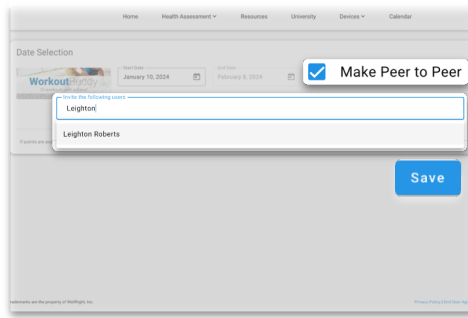
- Scroll down to the bottom of your home screen
- Click the “+ Add Challenge” tile to select a personal challenge



2

SELECT A CHALLENGE

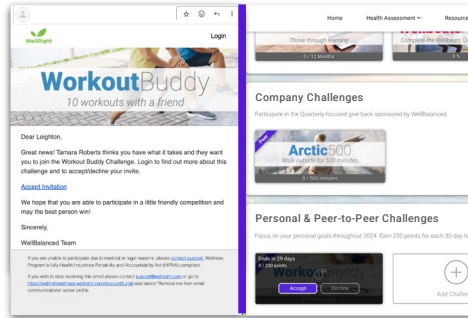
- Check the box to the left of the challenge you would like to begin and click the “Next” button
- Select the date you would like to begin the challenge



3

INVITE PEERS

- Check the box “Make Peer to Peer”
- Type the name of the person(s) you would like to join you in the challenge - this person(s) must have an active account
- Click “Save”



4

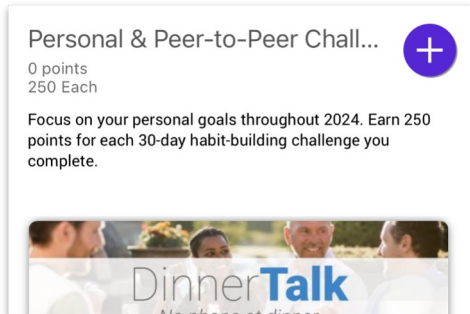
ACCEPT INVITATIONS

- Invited participants can accept or decline invitations via email or in the challenge. Once the challenge has been accepted, the flag will change to “Peer” for the invitee.

* **Additional Invitations:** The Captain of the challenge can invite new peers at any point during the challenge.

PEER TO PEER CHALLENGES

Peer to Peer Challenges can be an excellent way to stay on top of your goals by inviting others to participate with you in personal challenges and act as accountability partners.



1 ADD A PERSONAL CHALLENGE

- Scroll down to the bottom of your home screen
- Tap the “+” icon to select a challenge to begin



2 SELECT A CHALLENGE

- Tap on the challenge you would like to start
- Tap “Get Started”
- Then tap “Join Challenge”



3 INVITE PEERS

- Check the box “Make a Peer to Peer,” the date you would like to begin the challenge, and “Next”
- Type the name of the person(s) you would like to join you in the challenge.
- Click “Send Invite”



4 ACCEPT INVITATIONS

- Invited participants can accept or decline invitations via email or on the homepage. Once the challenge has been accepted, the flag will change to “Peer” for the invitee.

* **Additional Invitations:** The Captain of the challenge can invite new peers at any point during the challenge.