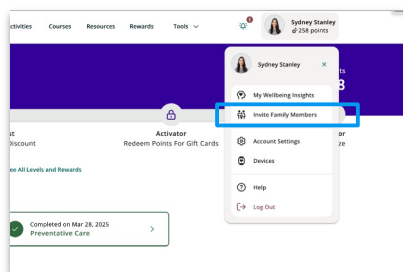


Spouse Participation



For the 2026-2027 plan year, spouses covered on the Medical Plan must complete an annual physical and preventive exam to qualify for the Medical Plan Discount for the following plan year. To receive credit, they need to upload proof directly to the WellRight portal. See the steps below to add them to the portal.

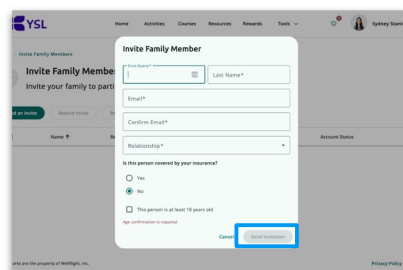
Questions? Contact Becca Schusler, Atlantic Pkg Wellness Director at beccas@atlanticpkg.com.



Step 1:

Select "Invite Family Members"

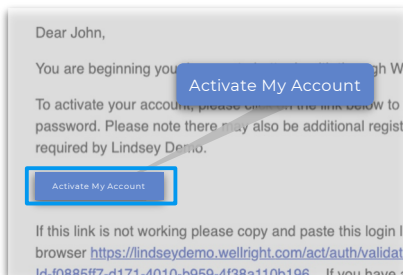
- Hover over your profile icon on the top right of your screen and select "Invite Family Member" from the drop down menu.



Step 2:

Complete Information

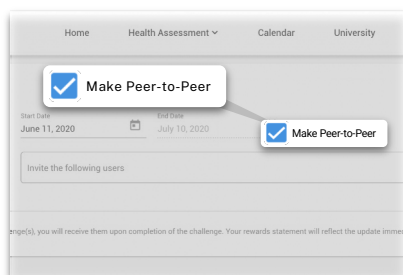
- Click "Send an Invite" and complete the family member's information in the required fields, then click "Send Invitation".



Step 3:

Accept Invitations

- Your family member will receive an email with instructions to complete their registration.



Step 4:

Encourage Each Other

- **Get well, together!** One way is to create Peer-to-Peer personal challenges.

